



**Award-winning, caffeine-free alternative to support alertness and focus**

**ENXTRA IS UNIQUE AMONG CAFFEINE-FREE ENERGY INGREDIENTS AS IT PROVIDES A SAME-DAY EFFECT THAT CAN LAST UP TO FIVE HOURS, AND SUPPORTS MENTAL ENERGY WITHOUT THE “CRASH” PHENOMENON OR WITHOUT DISRUPTING SLEEP.**

Made from a proprietary extract of *Alpinia galanga*, a commonly used spice in Asian cooking, **enXtra** targets a cognitive process known as “Attention Network Function” (ANF), which is the ability of the brain to allocate processing resources to a specific task. The ANF system plays a critical role in mental alertness and the ability to focus on a task.

### Clinically Proven for:

IMPROVING MENTAL ALERTNESS FOR UP TO 5 HOURS

SUPPORTING FOCUS

Suitable for soft and hard capsules, tablets, powder, gummies



### PROPRIETARY TECHNOLOGY

**EnXtra**, used alone or safely combined with other nootropics like caffeine, provides a broader benefit for mental energy. **EnXtra is produced using a gentle, solvent-free extraction and proprietary process to preserve the bioactives during manufacturing.**

To ensure that every batch conforms to the correct species of *Alpinia galanga* and the phytochemical profile used in the clinical studies, **enXtra** is DNA authenticated.

# CLINICAL STUDIES

## ALERTNESS UP TO 5 HOURS

In a double-blind, placebo-controlled study, **enXtra** significantly increased baseline alertness scores up to five hours compared to several other plant extracts.

## MENTAL ALERTNESS AND SUSTAINED ATTENTION VS. CAFFEINE

In another randomized, double-blind, placebo-controlled crossover study, the effect of **enXtra** on mental alertness and sustained attention was compared to caffeine and placebo. Results demonstrated that **enXtra** supports mental alertness.

## FOCUSED ATTENTION VS CAFFEINE

A secondary analysis investigated the effect of **enXtra** on focused attention compared to caffeine and placebo. Results showed a trend for **enXtra** to increase focus to a greater extent compared to caffeine and placebo.

## MECHANISM OF ACTION

A molecular docking study of **enXtra** demonstrated that its phytoconstituents may interact with neurotransmitters such as dopamine and acetylcholinesterase that play a role in alertness and focus.

## SAFETY OF ACTION

In all clinical studies, **enXtra** has been proven safe with no impact on heart rate, blood pressure, and sleep.

Three-time Nutraingredients "Ingredient of the Year" award **WINNER** for:

1

Cognitive Function (US)

2

Sports Nutrition (Asia)

3

Sports Nutrition (Europe)

**GLUTEN-FREE TESTED, VEGETARIAN, VEGAN, KOSHER, AND HALAL CERTIFIED**

**CONTRACT  
MANUFACTURING**

FORMULATION  
ENCAPSULATION  
PACKAGING



ACTIVE INGREDIENTS  
FOR NUTRITIONAL  
MARKET

**NATURAL  
INGREDIENTS**